



STATE OF TENNESSEE
PROCLAMATION
BY THE GOVERNOR

WHEREAS, doctors of chiropractic (DCs) are highly trained health care providers who focus on the whole person in their conservative approach to health care and public health, and have particular expertise in the prevention, care, and rehabilitation of musculoskeletal injuries and conditions; and

WHEREAS, the chiropractic profession, since its founding more than 100 years ago, promotes musculoskeletal health and overall wellness by encouraging its patients and the public to maintain a healthy lifestyle through food nutrition, regular exercise, and restful sleep; and

WHEREAS, doctors of chiropractic recognize through clinical experience and research that a sedentary, overmedicated lifestyle is especially dangerous for joint health, wellness and longevity; and

WHEREAS, doctors of chiropractic are recognized worldwide for their health and wellness enhancing and injury-prevention services, which help people to heal naturally, without the need of unnecessary drugs and surgery, and to resume their regular activities and/or achieve levels of optimal functioning; and

WHEREAS, according to the 24th Edition of America's Health Rankings there have been improvements in the prevalence of physical activity in Tennessee, there remains a need for positive encouragement to motivate the nearly 1.4 million Tennesseans who are still physically inactive to make steps forward to health; and

WHEREAS, doctors of chiropractic through their regular interactions with patients and in collaboration with other health care providers within their communities, have the opportunity to educate Tennesseans on the many benefits of engaging in walking, such as increased physical fitness, bone strength and improved balance and coordination, maintaining healthy weight, prevention or improved management of various health conditions, and overall enhanced sense of well-being; and

WHEREAS, Chiropractic Health Month serves as a reminder to all citizens of Tennessee that they, too, can overcome pain naturally, get healthier and become active with the help of a chiropractic physician in their community as they "Step Forward with Chiropractic"; and

WHEREAS, the Tennessee Chiropractic Association has offered support to thousands of Tennesseans employed in chiropractic across the state for 79 years for the benefit of the millions of Tennesseans;

NOW, THEREFORE, I, Bill Haslam, Governor of the State of Tennessee, do hereby proclaim October 2014 as

Chiropractic Health Month

in Tennessee and encourage all citizens to join me in this worthy observance.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the official seal of the State of Tennessee to be affixed at Nashville on this first day of August, 2014.

Bill Haslam

Governor

Joe Hargis

Secretary of State