



STATE OF TENNESSEE

PROCLAMATION

BY THE GOVERNOR

WHEREAS, sleep apnea is a common, chronic disorder with frequent pauses in breathing or shallow breathing occurring during sleep, leading to disturbed sleep patterns including frequent snoring and daytime sleepiness; and

WHEREAS, the sleep apnea is common, occurring in approximately 9 percent of men and 4 percent of women; and

WHEREAS, effective treatments are available, such as a continuous positive airway pressure device, or CPAP, as well as several other treatments; and

WHEREAS, physicians and caregivers of individuals diagnosed with sleep apnea should be notified of their condition as anesthesia and certain medications can create a dangerous situation when administered to someone with sleep apnea; and

WHEREAS, because many people afflicted by sleep apnea do not know they have it, anesthesiologists and pain clinicians should consider screening their patients for sleep apnea prior to administering treatment; and

NOW, THEREFORE, I, Bill Haslam, Governor of the State of Tennessee, do hereby proclaim February 21, 2013, as

Sleep Apnea Awareness Day

in Tennessee and encourage all citizens to join me in this worthy observance.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the official seal of the State of Tennessee to be affixed at Nashville on this fifteenth day of February, 2013.

Bill Haslam

Governor

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Secretary of State