WHEREAS, a body-focused repetitive behavior (BFRB) is a rarely diagnosed but commonly experienced mental health illness that affects at least 1-in-20 people, and can include hair pulling, skin picking, nail biting, cheek biting, and more; and

WHEREAS, knowledgeable treatment of these complex behaviors should be available along with emotional support and increased availability of accurate information for individuals of all ages experiencing body-focused repetitive behaviors; and

WHEREAS, a goal of BFRB Awareness Week is to help build more opportunities for community inclusion, thereby increasing hope for these individuals and their loved ones; and

WHEREAS, The TLC Foundation for Body-focused Repetitive Behaviors, through its annual BFRB Awareness Week, seeks to generate awareness, connection, and build understanding in the community at large about body-focused repetitive behaviors;

NOW, THEREFORE, I, Bill Lee, Governor of the state of Tennessee, do hereby proclaim October 1-7, 2022, as BFRB Awareness Week in Tennessee and encourage all citizens to join me in this worthy observance.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the official seal of the State of Tennessee to be affixed at Nashville on this thirtieth day of August, 2022.

Bill Lee
Governor

Sherry Werti
Secretary of State