



STATE OF TENNESSEE
PROCLAMATION

BY THE GOVERNOR

WHEREAS, family members of all ages are the primary source of essential care, medical assistance, and support for older adults and people with disabilities in the U.S.; and

WHEREAS, caregiving at all ages can be rewarding but also physically, emotionally, and financially demanding. Often caregivers make substantial sacrifices to keep family members safe and healthy; and

WHEREAS, many caregivers both work and provide care which can result in a struggle between equally important responsibilities; and

WHEREAS, nearly half of all caregivers are over age 50 and may be vulnerable to a decline in their own health; and

WHEREAS, caregivers should be encouraged to engage in self-care partly to continue this heartfelt assistance on which their loved ones depend; and

WHEREAS, the theme of this year's National Family Caregiver Month is #CaregiveAnd which encourages family caregivers to embrace passions and interests that enrich their lives;

NOW, THEREFORE, I Bill Lee, Governor of the State of Tennessee, do hereby proclaim November 2021 as

Family Caregiver Month

in Tennessee and encourage all citizens to join me in this worthy observance.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the official seal of the State of Tennessee to be affixed at Nashville on this tenth day of November 2021.

A handwritten signature in blue ink that reads "Bill Lee".

Governor

A handwritten signature in blue ink, likely belonging to the Secretary of State.

Secretary of State

