



STATE OF TENNESSEE

# PROCLAMATION

BY THE GOVERNOR

**WHEREAS**, doctors of chiropractic (DCs) are doctoral-level providers who focus on the whole person in their conservative approach to pain management and health care, and have particular expertise in the prevention, care and rehabilitation of musculoskeletal injuries and conditions; and

**WHEREAS**, many adults in the United States report experiencing a musculoskeletal condition; and

**WHEREAS**, chiropractic care is widely recognized as one of the safest, non-drug, noninvasive approaches available for the treatment of low back pain and other musculoskeletal complaints; and

**WHEREAS**, in addition to their expertise in spinal manipulation, chiropractors have broad diagnostic skills and are trained to recommend therapeutic and rehabilitative exercises, and to provide nutritional, dietary and lifestyle advice; and

**WHEREAS**, the American College of Physicians low-back pain treatment guidelines released in 2017 promote the use of noninvasive, non-drug approaches such as spinal manipulation as performed by chiropractors, as a first line of defense against back pain, and groups such as the Centers for Disease Control, Federal Drug Administration and the Joint Commission also now promote the use of nonpharmacologic approaches first for pain management; and

**WHEREAS**, Doctors of chiropractic are recognized worldwide for their health and wellness enhancing and injury-prevention services which help people to heal naturally, without the need of unnecessary drugs and surgery, to resume their regular activities and achieve levels of optimal functioning; and

**WHEREAS**, the Tennessee Chiropractic Association has offered support to thousands of citizens employed in chiropractic across the state for 85 years for the benefit of millions of Tennesseans; and

**WHEREAS**, the Tennessee Chiropractic Association joins with the American Chiropractic Association as it promotes the physical and mental health benefits of physical activity with its "Keep Moving!" campaign in recognizing October 2021 National Chiropractic Health Month;

**NOW, THEREFORE**, I, Bill Lee, Governor of the State of Tennessee, do hereby proclaim October 2021 as

## *Chiropractic Health Month*

in Tennessee and encourage all citizens to join me in this worthy observance.

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the official seal of the State of Tennessee to be affixed at Nashville on this thirteenth day of September, 2021.

A handwritten signature in blue ink that reads "Bill Lee".

Governor

A handwritten signature in blue ink that reads "Lee Hargett".

Secretary of State

