



STATE OF TENNESSEE  
**PROCLAMATION**

BY THE GOVERNOR

**WHEREAS**, Peripartum Cardiomyopathy (PPCM) is a rare type of heart disease that can affect mothers from the final month of pregnancy through around five months after giving birth; and

**WHEREAS**, with PPCM, the chambers of the heart enlarge and the muscle weakens, causing less blood flow to important bodily organs; and

**WHEREAS**, according to the American Heart Association, symptoms of PPCM can include feeling of heart racing or skipping beats (palpitations), increased nighttime urination (nocturia), shortness of breath with activity and when lying flat, swelling of the ankles, swollen neck veins, and/or low blood pressure; and

**WHEREAS**, more research is needed to examine the causes and develop more effective treatments for this disease; and

**WHEREAS**, increasing awareness of this condition could result in saving lives of young mothers in Tennessee and worldwide by bringing attention to this important condition that contributes to the maternal mortality rates; and

**WHEREAS**, Save The Mommies, established in 2017, is a dedicated non-profit organization to help raise awareness of Peripartum Cardiomyopathy (PPCM);

**NOW, THEREFORE**, I, Bill Lee, Governor of the State of Tennessee, do hereby proclaim the week of May 9 – May 15, 2021 as

*Peripartum Cardiomyopathy  
Awareness Week*

in Tennessee and encourage all citizens to join me in this worthy observance.



**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the official seal of the State of Tennessee to be affixed at Nashville on this sixth day of April, 2021.

*Bill Lee*

Governor

*Lu Wragg*

Secretary of State