



STATE OF TENNESSEE

PROCLAMATION

BY THE GOVERNOR

WHEREAS, doctors of chiropractic (DCs) are doctoral-level providers who focus on the whole person in their conservative approach to pain management and health care, and have particular expertise in the prevention, care and rehabilitation of musculoskeletal injuries and conditions; and

WHEREAS, many adults in the United States report experiencing a musculoskeletal condition; and

WHEREAS, chiropractic care is widely recognized as one of the safest, non-drug, noninvasive approaches available for the treatment of low back pain and other musculoskeletal complaints; and

WHEREAS, in addition to their expertise in spinal manipulation, chiropractors have broad diagnostic skills and are trained to recommend therapeutic and rehabilitative exercises, and to provide nutritional, dietary and lifestyle advice; and

WHEREAS, the American College of Physicians low-back pain treatment guidelines released in 2017 promote the use of noninvasive, non-drug approaches such as spinal manipulation as performed by chiropractors, as a first line of defense against back pain, and groups such as the Centers for Disease Control, Federal Drug Administration and the Joint Commission also now promote the use of nonpharmacologic approaches first for pain management; and

WHEREAS, Doctors of chiropractic are recognized worldwide for their health and wellness enhancing and injury-prevention services which help people to heal naturally, without the need of unnecessary drugs and surgery, to resume their regular activities and achieve levels of optimal functioning; and

WHEREAS, the Tennessee Chiropractic Association has offered support to thousands of citizens employed in chiropractic across the state for 85 years for the benefit of millions of Tennesseans; and

WHEREAS, the Tennessee Chiropractic Association joins with the American Chiropractic Association as it promotes the benefits of movement, good posture, healthy living and a non-drug approach to pain management with its "Active and Adaptive" campaign in recognizing October 2020 as "National Chiropractic Health Month";

NOW, THEREFORE, I, Bill Lee, Governor of the State of Tennessee, do hereby proclaim October 2020 as

Chiropractic Health Month

in Tennessee and encourage all citizens to join me in this worthy observance.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the official seal of the State of Tennessee to be affixed at Nashville on this eighth day of September, 2020.

A handwritten signature in blue ink that reads "Bill Lee".

Governor

A handwritten signature in blue ink, likely belonging to the Secretary of State.

Secretary of State

