WHEREAS, behavioral health is an essential part of health and one's overall wellness; and

WHEREAS, prevention of mental and substance use disorders works, treatment is effective, and people recover in Tennessee and around the nation; and

WHEREAS, we must encourage relatives and friends of people living with mental and substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, to help more people achieve and sustain long-term recovery, the Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS) and the Tennessee Association of Alcohol Drug and other Addiction Services (TAADAS) invite all residents of Tennessee to participate in Recovery Month; and

WHEREAS, the theme of Recovery Month 2020 is "Join the Voices for Recovery: Celebrating Connections";

NOW, THEREFORE, I, Bill Lee, Governor of the State of Tennessee, do hereby proclaim September 2020 as

Recovery Month

in Tennessee and encourage all citizens to join me in this worthy observance.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the official seal of the State of Tennessee to be affixed at Nashville on this twenty-sixth day of August, 2020.

[Signature]
Governor

[Signature]
Secretary of State