



STATE OF TENNESSEE  
**PROCLAMATION**

BY THE GOVERNOR

**WHEREAS**, Tai Chi and Qigong Day is now celebrated in hundreds of cities and over seventy nations annually; and

**WHEREAS**, Tai Chi and Qigong, traditional Chinese exercises, involve a series of mindful relaxed movements which may have health benefit for people of many fitness levels; and

**WHEREAS**, Tai Chi and Qigong Day is meant to bring practitioners together, and allow people to learn more about Tai Chi and Qigong through this day of celebration and practice;

**NOW, THEREFORE**, I, Bill Lee, Governor of the State of Tennessee, do hereby proclaim April 25, 2020 as

*Tai Chi & Qigong Day*

in Tennessee and encourage all citizens to join me in this worthy observance.

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the official seal of the State of Tennessee to be affixed at Nashville on this eleventh day of March, 2020.



*Bill Lee*

Governor

*Ju Wargrett*

Secretary of State