



STATE OF TENNESSEE

# PROCLAMATION

BY THE GOVERNOR

**WHEREAS**, doctors of chiropractic (DCs) are physician-level providers who focus on the whole person in their conservative approach to pain management and health care, and have particular expertise in the prevention, care and rehabilitation of musculoskeletal injuries and conditions;

**WHEREAS**, physical activity not only helps reduce the risk of cardiovascular disease, Type 2 diabetes and even some cancers, it also strengthens our bones and muscles and helps reduce the incidence of low back pain;

**WHEREAS**, DCs advocate for a conservative approach to health care with emphasis on more cost-effective and safer approaches, over potentially addictive medications for pain management and health enhancement;

**WHEREAS**, Chiropractic Health Month serves as a reminder to all citizens of Tennessee that noninvasive, non-drug treatments for low-back pain such as chiropractic services/spinal manipulation combined with an active, healthy lifestyle may lessen or eliminate the need for riskier, potentially addictive treatments, such as prescription opioid pain medications, and help keep people healthier;

**WHEREAS**, doctors of chiropractic are recognized worldwide for their health and wellness enhancing and injury-prevention services, which help people to heal naturally, without the need of unnecessary drugs and surgery, and to resume their regular activities and/or achieve levels of optimal functioning;

**WHEREAS**, doctors of chiropractic through their regular interactions with patients and in collaboration with other health care providers within their communities, have the opportunity to educate Tennesseans on the many benefits of engaging in walking, such as increased physical fitness, bone strength and improved balance and coordination, maintaining healthy weight, prevention or improved management of various health conditions, and overall enhanced sense of well-being;

**WHEREAS**, the Tennessee Chiropractic Association has offered support to thousands of citizens employed in chiropractic across the state for 83 years for the benefit of millions of Tennesseans;

**WHEREAS**, the Tennessee Chiropractic Association joins with the American Chiropractic Association in recognizing the month of October 2018 as National Chiropractic Health Month;

**NOW, THEREFORE**, I, Bill Haslam, Governor of the State of Tennessee, do hereby proclaim October 2018 as

*Chiropractic Health Month*

in Tennessee and encourage all citizens to join me in this worthy observance.



**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the official seal of the State of Tennessee to be affixed at Nashville on this nineteenth day of September, 2018.

*Bill Haslam*

Governor

*Jeffrey*

Secretary of State