



STATE OF TENNESSEE  
**PROCLAMATION**  
BY THE GOVERNOR

**WHEREAS**, there are many different headache disorders that occur on a spectrum of severity; and

**WHEREAS**, about 32% of Americans experience severe headaches every year; and

**WHEREAS**, the World Health Organization states that headache disorders are the third highest cause of global disability; and

**WHEREAS**, in most instances, migraine is a genetic, neurological disease characterized by episodes called attacks; and

**WHEREAS**, migraine symptoms can include pain, nausea, sensitivity to light and sound, visual disturbances, tinnitus, chills, fatigue, impaired cognitive function, numbness and weakness, lasting for 4 to 72 hours on average; and

**WHEREAS**, approximately 12% of Americans have migraine disease, of which 4 million have chronic migraine, experiencing 15 or more migraine days each month; and

**WHEREAS**, cluster headache, considered the most painful of all the headache disorders, affects over 400,000 Americans; and

**WHEREAS**, cluster headache, while rarer than migraine disease, involves attacks that are excruciatingly painful, disabling, and distressing; and

**WHEREAS**, there is no cure yet for most headache disorders and those with invisible illnesses often feel stigmatized and isolated; and

**WHEREAS**, public education can to increased understanding, more research and improved treatment for those with headache disorders;

**NOW, THEREFORE**, I, Bill Haslam, Governor of the State of Tennessee, do hereby proclaim June, 2018 as

*Migraine and Headache Awareness Month*

in Tennessee and encourage all citizens to join me in this worthy observance.

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the official seal of the State of Tennessee to be affixed at Nashville on this twenty-fifth day of April, 2018.

A handwritten signature in blue ink that reads "Bill Haslam".

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Governor

A handwritten signature in blue ink that reads "Lee Hargitt".

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Secretary of State

