



STATE OF TENNESSEE
PROCLAMATION
BY THE GOVERNOR

WHEREAS, caregiving can be rewarding but also physically and emotionally demanding; and

WHEREAS, many caregivers sacrifice their physical health and social connections in order to care for their loved ones; and

WHEREAS, caregivers should be encouraged to take care of themselves so they can continue to give the heartfelt care on which their loved ones depend; and

WHEREAS, the stress of dealing with caregiving responsibilities leads to a higher risk of health issues among the nation's 90 million family caregivers; and

WHEREAS, the theme of this year's Family Caregivers Month is "Take Care to Give Care";

NOW, THEREFORE, I, Bill Haslam, Governor of the State of Tennessee, do hereby proclaim November, 2016 as

Family Caregiver Month

in Tennessee and encourage all citizens to join me in this worthy observance.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the official seal of the State of Tennessee to be affixed at Nashville on this fourth day of October, 2016.

A handwritten signature in blue ink that reads "Bill Haslam".

Governor

A handwritten signature in blue ink that reads "Joe Hargett".

Secretary of State

